

Instructor: Monica Bermudez (GIVE IT ALL FITNESS DBA 904 SUP Yoga)

SUP Yoga, Pure Strength, Barre, Yoga, Water Aerobics, Turbo Kick, Cardio Dance &/or Line Dancing

**Agreement of Release and Waiver of Liability: I, \_\_\_\_\_ agree to the following statements**

1. I know how to swim and/or feel comfortable being in the water.
2. I confirm that GIVE IT ALL FITNESS, LLC DBA 904 SUP YOGA is not responsible for any items lost, stolen or dropped in the water.
3. I recognize that classes like Pure Strength, Barre, Yoga, Sup Yoga, Turbo Kick, Water Aerobics, Cardio Dance &/or Line Dancing require physical exertion that may be strenuous and may cause physical injury (including death) and I am fully aware of the risks and hazards involved.
4. I understand that it is my responsibility to consult with a physician prior and regarding my participation in Pure Strength, Barre, Yoga, Sup Yoga, Turbo Kick, Water Aerobics, Cardio Dance &/or Line Dancing classes, health programs or other physical fitness activities. I represent and warrant that I am physically fit and have no medical condition that would prevent my full participation in any of the two classes mentioned above. In consideration of being permitted to participate in Pure Strength, Barre, Yoga, Sup Yoga, Turbo Kick, Water Aerobics, Cardio Dance &/or Line Dancing classes, I agree to assume full responsibility for any risks, injuries, or damages (known or unknown), property damage, loss of any kind in which I may incur as a result of participating in any of these classes mentioned above.
5. In further consideration of being permitted to participate in Pure Strength, Barre, Yoga, Sup Yoga, Turbo Kick, Water Aerobics, Cardio Dance &/or Line Dancing classes, I knowingly, voluntarily, and expressly waive any claim I may have against the authorized instructor (Monica Bermudez or to GIVE IT ALL FITNESS, LLC.) for any injuries or damages (known or unknown), property damage or loss of any kind, (including death) that I may sustain because of participating in any of the classes previously mentioned.
6. This is a legally binding Release, Waiver, Discharge and Covenant not to sue (collectively "Release") the authorized instructor (Monica Bermudez and/or GIVE IT ALL FITNESS, LLC.) for any reason and it is made by me, the undersigned Releasor, on my own behalf, and on behalf of my heirs, executors, administrators, and legal representative.
7. I hereby grant Monica Bermudez and GIVE IT ALL FITNESS permission to use my likeness in a photograph and video in all of its publications, including website entries, Facebook, Instagram, Twitter, without payment or any other consideration. I understand and agree that these materials will become the property of Monica Bermudez and will not be returned. I hereby irrevocably authorize Monica Bermudez and GIVE IT ALL FITNESS to edit, alter, copy, exhibit, publish or distribute pictures or videos for purposes of publicizing the Pure Strength, Barre, Yoga, Sup Yoga, Turbo Kick, Water Aerobics, Cardio Dance &/or Line Dancing classes or for any other lawful purpose. In addition, I waive the right to inspect or approve the final product, including written or electronic copy, wherein my likeness appears. Additionally, I waive any right to royalties or other compensation arising or related to the use of the photograph or video.
8. I have read the above release, waiver of liability and fully understand its contents. I voluntarily agree to the terms and conditions stated above. This agreement remains in effect for as long as I participate in any Pure Strength, Barre, Yoga, Sup Yoga, Turbo Kick, Water Aerobics, Cardio Dance &/or Line Dancing classes under the instruction of Monica Bermudez and GIVE IT ALL FITNESS

**By clicking on the box provided on the digital form, you agree to our terms and conditions.**